

2020 Cereal City Classic Schedule of Events

FRIDAY

Gym A

Gym B

Modified Capital Cup

Modified Capital Cup

Session 01: LEVEL 6/7 A

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:45am
AWARDS	11:09am

Session 03: LEVEL 8

CHECK IN/GENERAL STRETCH	11:15am
INTRODUCTIONS	11:35am
TIMED WARM UP	11:40am
COMPETITION BEGINS	11:56am
AWARDS	2:26pm

Session 05: LEVEL 9/10/XD

CHECK IN/GENERAL STRETCH	2:40pm
INTRODUCTIONS	3:00pm
TIMED WARM UP	3:05pm
COMPETITION BEGINS	3:25pm
AWARDS	6:05pm

Session 07: LEVEL 4/5

CHECK IN/GENERAL STRETCH	6:15pm
INTRODUCTIONS	6:35pm
TIMED WARM UP	6:40pm
COMPETITION BEGINS	6:52pm
AWARDS	9:40pm

Session 02: XCEL SILVER A

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:39am
AWARDS	10:45am

Session 04: XCEL SILVER B

CHECK IN/GENERAL STRETCH	10:55am
INTRODUCTIONS	11:15am
TIMED WARM UP	11:25am
COMPETITION BEGINS	11:32am
AWARDS	1:32pm

Session 06: XCEL GOLD A

CHECK IN/GENERAL STRETCH	1:45pm
INTRODUCTIONS	2:05pm
TIMED WARM UP	2:15pm
COMPETITION BEGINS	2:27pm
AWARDS	5:15pm

Session 08: XCEL GOLD B

CHECK IN/GENERAL STRETCH	5:25pm
INTRODUCTIONS	5:45pm
TIMED WARM UP	5:55pm
COMPETITION BEGINS	6:05pm
AWARDS	8:45pm