

2020 Cereal City Classic Schedule of Events

SATURDAY

Gym A

Gym B

Modified Capital Cup

Modified Capital Cup

Session 09: LEVEL 3

| | |
|--------------------------|---------|
| CHECK IN/GENERAL STRETCH | 8:00am |
| INTRODUCTIONS | 8:20am |
| TIMED WARM UP | 8:30am |
| COMPETITION BEGINS | 8:39am |
| AWARDS | 10:51am |

Session 11: LEVEL 3/XCEL BRONZE

| | |
|--------------------------|---------|
| CHECK IN/GENERAL STRETCH | 11:00am |
| INTRODUCTIONS | 11:20am |
| TIMED WARM UP | 11:30am |
| COMPETITION BEGINS | 11:38am |
| AWARDS | 1:44pm |

Session 13: LEVEL 4 A

| | |
|--------------------------|--------|
| CHECK IN/GENERAL STRETCH | 2:00pm |
| INTRODUCTIONS | 2:20pm |
| TIMED WARM UP | 2:30pm |
| COMPETITION BEGINS | 2:40pm |
| AWARDS | 5:12pm |

Session 15: LEVEL 4 B

| | |
|--------------------------|--------|
| CHECK IN/GENERAL STRETCH | 5:30pm |
| INTRODUCTIONS | 5:50pm |
| TIMED WARM UP | 6:00pm |
| COMPETITION BEGINS | 6:12pm |
| AWARDS | 9:08pm |

Session 10: XCEL PLATINUM A

| | |
|--------------------------|---------|
| CHECK IN/GENERAL STRETCH | 8:00am |
| INTRODUCTIONS | 8:20am |
| TIMED WARM UP | 8:30am |
| COMPETITION BEGINS | 8:45am |
| AWARDS | 11:17am |

Session 12: XCEL PLATINUM B

| | |
|--------------------------|---------|
| CHECK IN/GENERAL STRETCH | 11:30am |
| INTRODUCTIONS | 11:50am |
| TIMED WARM UP | 12:00pm |
| COMPETITION BEGINS | 12:15pm |
| AWARDS | 2:31pm |

Session 14: XCEL SILVER C

| | |
|--------------------------|--------|
| CHECK IN/GENERAL STRETCH | 2:45pm |
| INTRODUCTIONS | 3:05pm |
| TIMED WARM UP | 3:15pm |
| COMPETITION BEGINS | 3:23pm |
| AWARDS | 5:23pm |

Session 16: XCEL SILVER D

| | |
|--------------------------|--------|
| CHECK IN/GENERAL STRETCH | 5:30pm |
| INTRODUCTIONS | 5:50pm |
| TIMED WARM UP | 6:00pm |
| COMPETITION BEGINS | 6:09pm |
| AWARDS | 8:33pm |