

2023 Cereal City Classic Schedule of Events

FRIDAY

Gym A

Modified Capital Cup

Session 8: LEVEL 4 A

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
AWARDS	11:55am

Session 10: LEVEL 6

CHECK IN/GENERAL STRETCH	12:30pm
INTRODUCTIONS	12:50pm
AWARDS	4:35pm

Session 12: LEVEL 4 B

CHECK IN/GENERAL STRETCH	5:15pm
INTRODUCTIONS	5:35pm
AWARDS	9:00pm

Gym B

Modified Capital Cup

Session 9: LEVEL 3 A

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
AWARDS	11:10am

Session 11: XCEL SILVER/LEVEL 3

CHECK IN/GENERAL STRETCH	11:45am
INTRODUCTIONS	12:05pm
AWARDS	2:55pm

Session 13: XCEL PLATINUM

CHECK IN/GENERAL STRETCH	3:45pm
INTRODUCTIONS	4:05pm
AWARDS	8:05pm