

2023 Cereal City Classic Schedule of Events

THURSDAY

Gym A

Modified Capital Cup

Session 1: XCEL GOLD A

CHECK IN/GENERAL STRETCH	9:00am
INTRODUCTIONS	9:20am
AWARDS	1:00pm

Session 3: XCEL GOLD B

CHECK IN/GENERAL STRETCH	1:30pm
INTRODUCTIONS	1:50pm
AWARDS	5:20pm

Session 5: XCEL GOLD C

CHECK IN/GENERAL STRETCH	6:00pm
INTRODUCTIONS	6:20pm
AWARDS	9:45pm

Gym B

Modified Capital Cup

Session 2: XCEL BRONZE A

CHECK IN/GENERAL STRETCH	9:00am
INTRODUCTIONS	9:20am
AWARDS	10:35am

Session 4: XCEL SILVER A

CHECK IN/GENERAL STRETCH	11:00am
INTRODUCTIONS	11:20am
AWARDS	2:10pm

Session 6: XCEL SILVER B

CHECK IN/GENERAL STRETCH	3:00pm
INTRODUCTIONS	3:20pm
AWARDS	6:10pm

Session 7: XCEL SILVER C

CHECK IN/GENERAL STRETCH	6:45pm
INTRODUCTIONS	7:05pm
AWARDS	9:55pm