



**Cereal City Classic**  
A tradition of excellence

# 2024 Schedule of Events

## SATURDAY

**GYM A**  
**(MODIFIED CAPITAL CUP)**

**GYM B**  
**(MODIFIED CAPITAL CUP)**

Session #8	Level XP
CHECK IN/ GENERAL STRETCH	8:00 AM
INTRODUCTIONS	8:20 AM
TIMED WARM UP	8:30 AM
COMPETITION BEGINS	8:48 AM
AWARDS	12:30 PM

Session #9	Level 4/5
CHECK IN/ GENERAL STRETCH	8:00 AM
INTRODUCTIONS	8:20 AM
TIMED WARM UP	8:30 AM
COMPETITION BEGINS	8:44 AM
AWARDS	12:25 PM

Session #10	Level XP/8
CHECK IN/ GENERAL STRETCH	1:00 PM
INTRODUCTIONS	1:20 PM
TIMED WARM UP	1:30 PM
COMPETITION BEGINS	1:46 PM
AWARDS	4:30 PM

Session #11	Level XS B
CHECK IN/ GENERAL STRETCH	1:00 PM
INTRODUCTIONS	1:20 PM
TIMED WARM UP	1:30 PM
COMPETITION BEGINS	1:39 PM
AWARDS	4:05 PM

Session #12	Level 9/10/XD/XSa
CHECK IN/ GENERAL STRETCH	5:00 PM
INTRODUCTIONS	5:20 PM
TIMED WARM UP	5:30 PM
COMPETITION BEGINS	5:48 PM
AWARDS	8:30 PM

Session #13	Boys Level 8-10/Elite
CHECK IN/ GENERAL STRETCH	6:30 PM
INTRODUCTIONS	6:50 PM
TIMED WARM UP	7:00 PM
COMPETITION BEGINS	7:12 PM
AWARDS	9:50 PM